

Menu

Please order your food at the counter

Jacket Potatoes

Oven baked with olive oil & seasoning with salad garnish

Just butter	£3.50
Beans or cheese	£3.95
Beans & cheese	£4.10
Tuna mayo	£4.35
Veggie bean chilli	£4.55

Light Lunches

Falafel & pitta	£5.45
With salad & red pepper houmous	
Fishcakes	£5.45
With sweet potato chips & salad garnish	
Quiche	£5.75
Cheddar cheese, red pepper & spinach quiche with salad & coleslaw	
Chicken Caesar salad	£6.55
Warm chicken strips, garlic croutons, cos lettuce, parmesan cheese with Caesar dressing	
Vegetable sticks, pitta & dip	£2.95
Carrot, celery & cherry tomatoes with houmous dip & grilled pitta bread	

Sandwiches

On white or brown bread, malted brown baguette or gluten free breadcake

Ham salad	£3.95
Thinly sliced ham with mixed leaf salad, tomato & cucumber	
Tuna mayo	£3.95
With sweetcorn, red onion & crisp lettuce	
Egg mayo	£3.95
With slow-roasted tomatoes & baby spinach	
Ploughman's	£3.95
Sliced mature cheddar & sweet pickle, with tomato & mixed leaf salad	
Fish finger sarnie	£4.25
Breaded haddock with crisp lettuce & tartare sauce on thick sliced bread	

Deli

With salad garnish & tortilla chips

Ham & cheese toastie	£3.95
Tuna & cheese toastie	£3.95
Mozzarella, ham & basil panini	£4.55
Thinly sliced ham & melted mozzarella cheese with fresh basil leaves	
Mediterranean veg & pesto panini	£4.55
Roasted red peppers & caramelised red onion mixed with basil pesto	
Italian meatball panini	£4.55
Beef meatballs with a red pepper & herb sauce, topped with mozzarella	
Cajun chicken wrap	£4.55
Warm chicken fillets coated in Cajun crumb with lettuce & mayo	
Green club sandwich	£4.55
Houmous, cherry tomatoes, rocket & fresh avocado	

Hot Lunches

Pasta bolognese	£3.95/£6.35
Made with minced beef in a traditional tomato sauce, with garlic bread Choose from small or large	
Veggie bean chilli skins	£5.55
Served on deep fried potato skins with sour cream	
Chicken gyros	£5.75
Marinated chicken, chips, salad & tzatziki on flatbread with garlic mayo	
Vegetable Thai green curry	£6.75
Seasonal vegetables, fresh Thai curry paste & coconut milk with rice	
Fish & chips	£5.45/£7.45
Haddock fillet in a crispy homemade batter, with peas & tartare sauce Choose from small or large	

Burgers

Made with locally sourced 100% mince
Served with crisp lettuce, mayo, relish & tomato on a brioche bun, with fries

Plain	£5.95
Cheese	£6.35
Bacon & cheese	£6.55
BBQ bacon & cheese	£6.70
Cajun chicken	£6.95
Chicken fillet in a Cajun breadcrumb coating, with cheese, rocket & sweet chilli mayo	
Vegetarian	£5.95
Mixed beans, sweet potato, butternut squash, carrots & sesame seeds	

Children's Menu

Kid's lunch box	£4.50
Ham, jam or cheese roll with bottle of water, crisps, cookie & fresh fruit	
Beans on toast	£1.95
Jacket potatoes	
Half potato with salad garnish	
Just butter	£2.50
With beans	£2.75
With cheese or tuna	£2.75
Tomato pasta	£2.95
With garlic bread	

Hot Meals

With fries, jacket potato & salad, peas or beans	
Fish fingers	£3.95
Sausages	£3.95
Veggie sausages	£3.95
Chicken goujons	£3.95
Plain burger	£3.95
Turkey burger	£3.95

Alternatively you can choose any small portions from the hot lunch section

Soups

Always homemade & veggie
See notice board for today's soups

With chunky bread & butter	£3.15
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Side Orders

Beans or peas	75p
Coleslaw	£1.50
Fries	£1.95
Garlic bread	£1.95
Chunky chips & garlic mayo dip	£2.25

Treats

Check out the counter for a choice of cakes & biscuits

Scone, jam & butter	£2.45
Cakes	£2.55

A selection of ice creams is available in our freezers

Afternoon Special

Available after 2pm

Any hot drink & a cake	£2.95
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Please ask any member of staff for our list of allergens

A lot of our dishes are available as low gluten options, please ask at the counter

Drinks

We only use Puro Fairtrade coffee beans
All coffee choices available as decaf
Takeaway cups available

Espresso	£1.85
Black	£2.15
White	£2.15
Latte	£2.40
Cappuccino	£2.40

Add a vanilla or caramel flavour shot to any coffee

Tea	£1.70
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Hot chocolate	£2.40
Topped with squirty cream, mini marshmallows & chocolate powder	